Anti-Bullying Presentation - Monday 9 November

Dear Parents

I am writing to inform you that, as part of our ongoing commitment to raising awareness of important issues affecting young people today, Year 8 students will attend an anti-bullying presentation delivered by Rob Higgs on Monday 9 November.

The session is designed to equip students with practical skills and strategies for recognising, preventing and responding to bullying. It begins with a live drama presentation, *The Boy in the Photograph*, and will also cover:

- What bullying is and the difference between bullying and banter.
- How bullying can manifest, including verbal, indirect, cyber and physical bullying.
- Practical techniques for tackling verbal bullying and building self-esteem, confidence and resilience.
- The role of bystanders and how students can become 'defender' bystanders to help prevent bullying in school.
- Cyberbullying and tips for managing online behaviour safely and responsibly.
- What to do and where to find support if you are being bullied or if you are concerned about your own behaviour towards others.

We believe this presentation will be a valuable addition to our PSHE curriculum and support our ongoing work to promote a safe, respectful and inclusive school community.

Kind regards,

Mrs P. García Toja

Assistant Head (Personal Development)

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